



## **HOLLINS ATHLETIC COMPLEX HOURS SPRING 2022**

**GENERAL BUILDING HOURS:** *(Doors opened by security; Tayloe auxiliary gym, cardio in main lobby; men's and women's locker rooms open)*

Monday – Friday      8 am – 8 pm  
Saturday              11 am – 3 pm  
Sunday                 3 pm-7 pm

**WEIGHTROOM/ FITNESS CENTER HOURS:** *(Doors opened only by building staff for open fitness or security guard; enter thru door on 1<sup>st</sup> floor; closed at other times for PHED classes, cleaning or varsity team training)*

Monday	9 am – 1 pm 2 pm – 4 pm 6 pm- 8 pm	Tuesday	9 am-1 pm 4 pm – 8 pm
Wednesday	9 am – 1 pm 2 pm– 4 pm 6 pm – 8 pm	Thursday	9 am-1 pm 4 pm-8 pm
Friday	10 am– 1 pm 3 pm– 8 pm	Saturday	CLOSED
Sunday	CLOSED		

**NEW:** Rec equipment can be checked out at the front desk of the fitness center (i.e. ping-pong paddles and ball, basketball, etc).

**POOL HOURS:** *(Doors opened only by the lifeguard on duty)*

Monday                2 pm-5 pm  
Tuesday              12 pm-3 pm  
Wednesday          CLOSED  
Thursday             9 am-12 pm  
Friday                 12 pm – 2 pm  
Saturday             CLOSED  
Sunday                CLOSED

February 1, 2022